

**UNITE
FOR
GOOD**

Rotary
Club of
**ORGAN DONATION
INTERNATIONAL**



**LET'S
INSPIRE !**

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NEW STEP

Weekly Bulletin of the Rotary Club of Organ Donation International



**Happy
Eid**

UNITE FOR GOOD **Rotary Club of ORGAN DONATION INTERNATIONAL** **LET'S INSPIRE !**

ROTARY CLUB OF ORGAN DONATION INTERNATIONAL

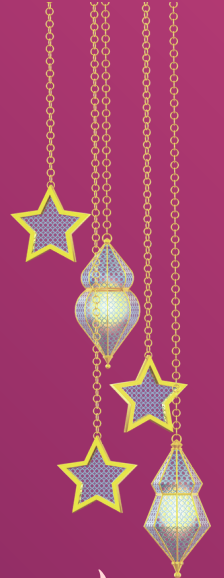
HOW TO CREATE ORGAN DONATION AWARENESS EFFECTIVELY?

 <p>Rtn PHF Ritika Gupta Inspire President Director Gyan Public School Aligarh</p>	 <p>Rtn Lal Goel Founder & Charter President Rotary Club of Organ Donation International</p>	 <p>Rtn Ramnath Pradeep CSR Chair Ex Chairman & Managing Director Corporation Bank Mumbai</p>
 <p>Rtn Sudhir Sharan Club Foundation Chair Founder DSCC Bengaluru</p>	 <p>Rtn PHF Dr Rohan Monis Medical Director Chief Administrative Officer Kanachur Hospital & Research Centre Mangaluru</p>	 <p>Rtn Sunil Gupta Public Image Chair Kidney Recipient Sunnyvale, CA USA</p>

Rtn Ruby Agarwal Inspire Secretary **Rtn Nitin Gupta** Club Member

Time & Date: 8 PM on Sunday 22nd March 2026

Watch live on <https://www.youtube.com/@gyan8932>

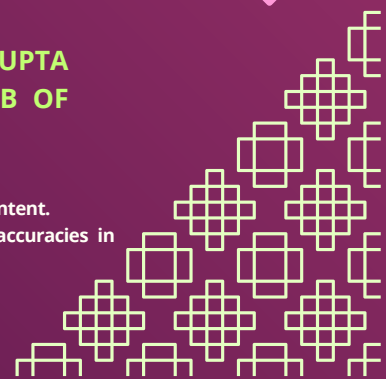


**Eid
Mubarak**

**A SMALL ACT, A BIG MIRACLE
DONATE ORGANS**

**CHIEF MANAGING EDITOR IPP RTN LAL GOEL
PUBLISHED ON BEHALF OF INSPIRE PRESIDENT RTN PHF RITIKA GUPTA
BY INSPIRE SECRETARY RTN RUBY AGARWAL FOR ROTARY CLUB OF
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FROM THE DESK OF CHIEF MANAGING EDITOR



Dear Fellow Rotarians and Esteemed Members,

On the auspicious occasion of Eid al-Fitr, I extend my warm greetings—Eid Mubarak to all. May this festival inspire unity, compassion, and peace across communities worldwide. In a world increasingly divided by conflict, it is our collective responsibility to advocate for harmony and humanity so that peace may truly prevail.

A recent news report—widely circulated—has raised serious concerns regarding the understanding of brain death, after claims that a declared brain-dead person showed signs of life following a road incident. Such narratives create confusion and mistrust in society. I have raised pertinent questions with the concerned authorities and media, and we await clarity. It is crucial that medical facts are communicated responsibly, as misinformation directly hampers the noble cause of organ donation.

Encouragingly, the role of youth in promoting organ donation, as demonstrated at GLA University, Mathura, has gained widespread attention. This is a positive step forward. The youth of today are not only the leaders of tomorrow but also the catalysts of change today. Their engagement is essential if we are to build a strong and sustainable organ donation movement in India.

I am delighted to share that our President-Elect, Rtn Hemalatha Bhandari, has contributed a beautiful and meaningful poem on Eid—“The Forward Gift, A Legacy of Life.” It reflects the spirit of giving that resonates deeply with the philosophy of organ donation.

Adding a touch of health and celebration, our Inspire Secretary, Rtn Ruby Agarwal, presents a delightful recipe of Healthy Sheer Khurma in our “Healthy Food–Healthy Organs” segment—reminding us that good health is the foundation of a better life.

Finally, do explore this issue’s “Interesting Facts About Our Members” section, where we celebrate the inspiring individuals who make our Rotary family truly exceptional.

Let us move beyond awareness to action. Let us pledge, promote, and practice organ donation—not just as a message, but as a mission.

Yours in Rotary,

IPP Rtn Lal Goel

Chief Managing Editor

Founder & Charter President

ROTARIAN LAL GOEL RAISES SERIOUS QUESTIONS OVER BRAIN - DEATH DECLARATION AND MEDIA REPORTING



Rtn Lal Goel

**Founder & Charter President,
Rotary Club of Organ Donation International
Chairman: Organ Donation India Foundation & GYAN**

In the Case of a Woman in Uttar Pradesh who was reportedly declared “Brain Dead” but Later Recovered

Background

A recent news story widely circulated across various media platforms has generated significant public discussion. According to the reports, Vinita Shukla, a head copyist at the Pilibhit District Court in Uttar Pradesh, was allegedly declared “brain dead” at a private hospital in Bareilly. While being transported home for the last rites, the ambulance reportedly hit a pothole near Hafizganj, after which she showed signs of movement.

As per the reports, her family noticed the movement following the sudden jolt and immediately rushed her to a hospital in Pilibhit where treatment was initiated. The treating neurosurgeon, Dr Rakesh Singh, reportedly suspected the possibility of a snake bite and administered anti-venom injections along with other treatment. Within about 24 hours, her condition reportedly began to improve, and after nearly 13 days of treatment, she recovered and returned home.

While the family describes the incident as nothing short of a miracle, Rotarian Lal Goel, Founder and Charter President of the Rotary Club of Organ Donation International and a long-time advocate of organ donation awareness, has raised serious concerns regarding the use of the term “brain dead” in media reports and the potential consequences such reporting may have on the organ donation movement in India.

Critical Questions Raised

Rotarian Lal Goel has urged authorities and the media to clarify several important issues before such reports create widespread misunderstanding among the public:

1. Has the authenticity of this news been independently verified? While the name of the treating neurosurgeon Dr Rakesh Singh has been mentioned, the identity of the Bareilly hospital where the patient was allegedly declared brain dead must be clearly confirmed.

2. Was a Brain-Death Certification Committee constituted as required under the Transplantation of Human Organs and Tissues Act (THOTA)?

3. Did the committee conduct the mandatory two clinical examinations with a minimum gap of six hours, as required under the prescribed guidelines?

4. Was a formal brain-death certificate issued after completing these examinations?

5. If the mandatory procedure was not followed, who declared the patient brain dead and under what legal authority?

6. If no official brain-death declaration was made, why did several media organisations repeatedly use the term “brain dead”?

7. Did the media organisations verify the medical facts before publishing the story?

8. What action has been taken by UP-SOTTO (State Organ and Tissue Transplant Organisation) or NOTTO (National Organ and Tissue Transplant Organisation) to investigate the matter and prevent confusion among the public?

Legal Procedure for Declaring Brain Death in India

Under the Transplantation of Human Organs and Tissues Act (THOTA), 1994 (amended in 2011), brain death can only be declared through a strictly defined medical and legal procedure.

A Brain-Death Certification Committee must be constituted comprising:

- The Medical Administrator or Medical Superintendent of the hospital**
- The Treating Physician**
 - A Neurologist or Neurosurgeon (or an approved specialist where such experts are unavailable)**
- An Independent Registered Medical Practitioner**

The committee must conduct two separate clinical examinations with a minimum interval of six hours to confirm irreversible brain-stem death.

These examinations must establish:

- Absence of brain-stem reflexes**
- Absence of spontaneous breathing, confirmed through the apnoea test**
- Other neurological assessments confirming irreversible loss of brain function**

Only after completing these steps and properly documenting the findings in the prescribed legal format can a person be officially and legally declared brain dead, which in both medical and legal terms is considered death.

Impact on Organ Donation Awareness

Rotarian Lal Goel emphasised that unverified reporting of such incidents can seriously undermine public confidence in the brain-death declaration system, which forms the foundation of deceased organ donation in India.

India already faces a severe shortage of organs for transplantation, with thousands of patients dying every year while waiting for life-saving transplants. One of the most significant challenges in promoting organ donation is public misunderstanding and lack of trust in the brain-death determination process.

"If reports suggest that a person declared brain dead later came back to life, it creates fear and confusion among families and discourages them from consenting to organ donation,"

— Rotarian Lal Goel

Call for Immediate Clarification

Rotarian Lal Goel has urged the concerned authorities, medical institutions, and regulatory bodies to clarify the facts of this case at the earliest.

Accurate reporting by the media and strict adherence to the legal protocol for brain-death declaration are essential to maintaining public trust in the system — a trust that is crucial for strengthening the organ donation movement in India and saving thousands of lives every year.

Rotary
Club of



**ORGAN DONATION
INTERNATIONAL**

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ROTARIAN LAL GOEL RAISES SERIOUS QUESTIONS OVER BRAIN-DEATH DECLARATION AND MEDIA REPORTING

In the case of a woman in Uttar Pradesh Who Was
Reportedly Declared “Brain Dead” but Later Recovered



Rotarian LAL GOEL

Founder & Charter President,

Rotary Club of Organ Donation International

CRITICAL QUESTIONS RAISED

- ✓ Has the authenticity of this news been independently verified?
- ✓ Was a Brain-Death Certification Committee constituted as per the THOTA Act?
- ✓ Were two clinical examinations conducted six hours apart as required by law?
- ✓ Was a formal brain-death certificate issued?
- ✓ What action has UP-SOTTO or,NOTTO taken to protect the credibility of the brain-death declaration system?

“Accurate reporting and strict adherence to brain-death protocols are essential to maintain public trust and strengthen the organ donation movement in India.”

— **Rotarian LAL GOEL**

Founder & Charter President

Rotary Club of Organ

Donation international

ROTARIAN LAL GOEL'S ORGAN DONATION PROGRAM AT GLA UNIVERSITY, MATHURA GAINS WIDESPREAD PUBLICITY

Mathura, 12 March 2026: An inspiring awareness session on “Role of Youth in Organ Donation” delivered by Rotarian Lal Goel, Founder and Charter President of the Rotary Club of Organ Donation International and Chairman of the Organ Donation India Foundation & GYAN, at GLA University, Mathura on 27 February 2026, is attracting extensive media attention.

The program, attended by a large gathering of dignitaries, faculty members, and students, highlighted the crucial role that young people can play in transforming the organ donation movement in India.

Leading newspapers — Dainik Jagran, Amar Ujala, Hindustan, and Unique Samay — have today published prominent coverage of the event. Notably, this was the first organ donation awareness program in the history of GLA University, Mathura, making it a landmark initiative in promoting life-saving awareness among youth.

This program was also previously covered by Global TV, New Step, and Braj Dhaam, emphasising the growing public interest in organ donation awareness.

During his North India visit, Rotarian Lal Goel conducted four organ donation awareness programs over three days at GLA University (Mathura), KR (PG) College (Mathura), Aligarh Muslim University (Aligarh), and Gyan Mahavidhyalaya (Aligarh), reaching thousands of students and educators.

Expressing his gratitude, Rotarian Lal Goel thanked the media houses and the management of universities and colleges for their support in spreading awareness about organ donation — a noble cause that can save countless lives.

Rotarian Lal Goel stressed that increased public awareness, especially among youth, is vital to bridge the significant gap between the demand for and availability of life-saving organs in India.

“The Forward Gift, A Legacy of Life” (EID UL FITR) ORGAN & TISSUE DONATION

*Every breath we take is a borrowed flame,
In the quiet of the soul, we find our name.
Days of fasting teach us how others feel,*

*Understanding the hunger, making mercy real.
Life is a journey where we learn to give,*

*Finding the grace to help another live.
In every scar, a lesson is deeply sown,
Through the seeds of kindness, love is grown.
Reflecting on the path, the mistakes we've made,*

A chance to let the shadows of the past fade.

*Peace fills the heart when we open the door,
Reaching for a purpose that offers so much more.
Offering a hand when the world feels cold,
Fulfilling a promise is more precious than gold.
Organ donation is the ultimate "Zakat,"
Universal love that stops a heart from going flat.
New life blooming from a selfless choice,
Delivering hope with a silent, powerful voice.*

*Spiritual growth isn't just in prayer,
Practicing compassion in the air we share.
Imagine a father seeing his children grow,
Receiving the spark only your gift could bestow.
In the eyes of a stranger, your legacy stays,
Turning their nights into sun-drenched days.
Unity is found in the blood and the bone,
A legacy of healing, seeds of mercy sown.
Living forever through the lives you mend,*

*Marking a journey that never truly has to end.
In this sacred moment, let your spirit rise,
Linking the earth to the eternal skies.
Eid is the finish, but also a start,
Signed with the ink of a generous heart.
Take the tentative path, make the choice today,
Overcoming the darkness, leading the way.
Noble is the soul who leaves life behind,
Enriching the world, the kindest of humankind.*



**Rtn Hemalatha Bhandari
President Elect**

HEALTHY FOOD - HEALTHY ORGANS



Rtn Ruby Agarwal
Inspire Secretary

Healthy Sheer Khurma

Ingredients :

Milk: 1 liter low-fat milk

Vermicelli: 1 cup roasted vermicelli

Dry Fruits: roasted 1/2 cup chopped almonds, pistachios & cashews

Sweetener: 10-12 soaked/mashed dates

Flavoring: 1/2 tsp cardamom powder, saffron & rose water



Method:

Boil Milk: Bring the milk to a boil and let it simmer for 10-15 minutes until it reduces slightly and thickens, stirring frequently.

Combine: Add the roasted vermicelli to the milk and cook on low heat until soft

Sweeten & Flavor: Add the mashed dates, cardamom powder, and saffron. Mix well and let it simmer for another 2-3 minutes.

Serve: Turn off heat, add rose water, and garnish with roasted nuts.



Rtn Dr Brinda Shine
Club Member

Name: Dr. Brinda
Mobile: 9544009992
E-mail: brindashine@gmail.com
Profession: Academic Dean
Family: A Son – (his name is Sun Shine)
Favourite Food: Sandwiches
Favourite Holiday Destination: Bangkok
Favourite Book: 1 Minute Manager
Favourite Song: SPB Songs
Favourite Quote: Life is a mystery to be lived, not a problem to be solved
Date of Birth: 21-April
Why did you choose to become a member of RC Organ Donation International: I joined the Organ Donation International because I have always believed in contributing to society and living a life with purpose. I felt that organ donation is a truly meaningful cause that creates a profound impact by saving and transforming lives.



**SCAN
ME
FOR
QUICK
PLEDGE**

(Pledge your Organs to donate only after talking to your family members)